

RESPLENDENCE



Summer Fields School

KAILASH COLONY NEW DELHI - 110048

**SFS NEWSLETTER
JULY - 2024**



July - 2024

NEWSLETTER

"The highest education is that which does not merely give us information but makes our life in harmony with all existence." - Rabindranath Tagore

From the Principal's Desk



Greetings!

I am thrilled to share our victory stories in the July edition of our Newsletter "Resplendence". As the legacy goes, Summer Fields School leaves no stone unturned in our quest for excellence, continuously reaching new heights.

You will be delighted to read about the remarkable involvement of our students in a variety of events, activities, and competitions. Their dedication and enthusiasm embody the spirit of exploration, learning, and growth, driving us all toward even greater success.

As Benjamin Franklin rightly said, "An investment in knowledge pays the best interest." At Summer Fields School, we are committed to investing in this invaluable knowledge, enriched with essential life skills, to nurture and bring out the best in every student and we shall continue to thrive to excel in all arenas of education.

I extend my best wishes to all!

Shalini Agarwal

Green Day

Green day was celebrated to introduce the children to colour Green. Children dressed in green attire to create a lively atmosphere. Through engaging activities children learnt to recognise and appreciate the colour green in their surroundings.



Competition

Armed with colourful clay, our little artists amazed everyone with their creations, ranging from various fruits to exotic vegetables. This engaging activity fostered artistic expression, sparked imagination and enhanced their fine motor skills.



Kiddies Kitchenette- Fruit Chaat

As a part of the Kiddies Kitchenette, our little master chefs prepared tangy and refreshing Fruit Chaat. It encouraged them to explore the fresh ingredients and the textures, taste and smell of various fruits.



Movie! Masti! Magic!

Movie Day was organised for the students of Nursery and Kindergarten. The children were excited to watch the classic animated movie- The Jungle Book.

It helped children to learn about the importance of forming strong, loyal friendship and being brave in all the situations.



Science Experience

The Nursery students experienced sheer joy in creating and popping bubbles during the Science Experience 'Bubble Fun'. The Kindergarteners dived in the world of science through an interactive Science Experience activity- Sink and Float. These activities combined play with learning, laying a foundation for future scientific exploration.



PARENTAL INTERFACE

The presentation by the parents of Kindergarteners helped the children to explore the roles of the various 'Helping Hands Around Us'. They shared knowledge and appreciation for these heroes.



PARENT-TEACHER MEETING

A Parent-Teacher Meeting was organized on July 27, 2024 for the parents of Nursery and Kindergarten students. It was a productive and informative meeting as the teachers shared updates on the children's progress, highlighting their strengths and areas of growth. Parents were happy to know about their child's progress and received valuable insights into their academic and social milestones.



ASSEMBLIES

The children of Kindergarten showcased their creativity and knowledge through a series of engaging class assemblies on the topics 'Keeping Clean', 'Transport' and 'Helpers'. Through songs, skits, and presentations, the children highlighted the importance of personal hygiene, transport and the role of various Helpers in our community. A Special Assembly on Monsoon Season aimed to educate the children about the importance and the features of the monsoon seasons.



SHOW & TELL

The children of Nursery enthusiastically participated in a Show & Tell activity on 'My Favourite Fruit'. It was a sweet experience to see the children of Nursery as they proudly shared their love for their favourite fruits.



CONSERVING ECOSYSTEM..... A 21st century skill

The students of Class V of Summer Fields School secured Second position in the Group Presentation on Ecosystem-Sustaining Life Together, organized at K.R.Mangalam, Vaishali on 20 July 2024. The presentation focused on conserving biodiversity by preserving our ecosystem the essential component of 21st Century Skill. Our students depicted both the healthy and unhealthy aspects of the ecosystem, highlighting the causes of poor ecosystem conditions and our contribution towards preserving the biodiversity.

The name of the participants are : 1. Raima Seal
2. Aarna Mamgain
3. Pragya Ranjan



MATHS WEEK

The only way to learn mathematics is to do mathematics.

- Paul Halmos

Maths Week was organised for Grade I to V from 22nd July 2024 to 26th July 2024. The aim of the week was to enhance observation, mental and analytical skills among children so that they can successfully use Maths in real life situations.

The students of classes I to V participated in the various activities based on Maths in their daily life with great zeal and enthusiasm. The various activities were as follows:

- Class I- Fun with Shapes
- Class II - Abacus Adventure
- Class III - Symmetry Art
- Class IV - Clock Making
- Class V - Warli Art with Geometrical Shapes

These activities were fun and helped in understanding maths in an easy way.



TREE PLANTATION DRIVE EK PED MAA KE NAAM

Trees play a significant role in our ecosystem, maintaining balance among nature's elements. In the same way a mother is a life line of a family. They help to regulate the climate of a place. Summer Fields School has organised a tree plantation drive under the campaign **Ek Ped Maa Ka Naam** (A Tree in the Name of Mother) launched on the occasion of World Environment Day aimed to plant a tree as a tribute to mothers. The campaign can help to promote the importance of tree planting intertwines with the acknowledgment of nurturing role of mothers in our lives. At the core, the campaign emphasizes the intrinsic connection between nature and motherhood.



Health is Real Wealth and Not Pieces of Gold or Silver

Class assemblies in school is a vibrant gathering that bring together the entire student body for various purposes. They serve as a platform for communication, information dissemination, and fostering a sense of unity among students. Students also receive updates on school events, achievements, and upcoming activities during these gatherings. Moreover, assemblies often provide a stage for students to showcase their talents, whether through performances, speeches, or presentations. These moments not only contribute to the overall development of students but also create a positive and spirited atmosphere within the school community. Overall, student assemblies play a crucial role in promoting a sense of community, discipline, and shared responsibility among the student body.



Special assembly on the topic **Health is Wealth** on 15 July 2024 of Classes II C&D was conducted to show the significance of good health and ways to stay healthy. Students presented, how through the school curriculum, they stay healthy, happy and positive by doing various physical activities like Zumba, yoga, dance and taekwondo etc.



LEARNING IN ACTION: SMALL STEPS, BIG IDEAS

The young scholars have been actively engaged in a variety of exciting class activities that blend learning with fun. Various class activities including Exploring Plants, Pronoun Butterfly activity, Different Heat Zones, Four Basic Operations, Sentences makings and so on, are conducted to make learning more dynamic and fun the learners and fostering both their academic skills and creativity. These activities have provided our students with a well-rounded educational experience, combining hands-on learning with creativity and teamwork.



Engage, Explore, Excel An Activity on India and Greenland

The little researchers of our school have embarked on a fascinating journey to learn about the diverse cultures and landscapes of India and Greenland. In social studies, students of Class III explored the rich cultural tapestry of India. Students showed something related to the chosen state and spoke few lines on it.

The young scholar of Class V explored the intriguing environment of Greenland through fun facts and collage making activity. Through hands-on activities and interactive discussions students learned about the challenges posed by climate change and its impact on Greenland's ice. These activities have not only broadened our students' knowledge of different parts of the world but also fostered a greater appreciation for cultural diversity and environmental stewardship.



JUNIOR LIBRARY ACTIVITY

"Summer Fields School" Library creates a welcoming learning environment and offers a diverse collection of materials that encourages critical thinking and learning. School library promotes a love of reading through library activities which encourages students to develop a lifelong love of reading and learning. Students find an opportunity to strengthen their reading skills by participating in many activities for pleasure and innovative learning. Story-telling session was organized where students used an expressive voice, gestures and facial expressions to bring the story to life.



The students enthusiastically developed their knowledge, understanding and skills in the library activity on "Character play and Analysis". Students learnt adjectives while analysing the characters. They learnt to distinguish between fiction and non-fiction.

A book fair was organized to develop Reading and Comprehension Skills, a book fair is an excellent opportunity wherein children get an opportunity to browse through the interesting collection on display and to select books and built home libraries.

नहीं उम्र में कुछ खास करें, बूँद बन मीठा एहसास भरें

कविता गायन के माध्यम से कक्षा तीसरी के समस्त विद्यार्थियों ने कविता का गायन करने के साथ-साथ वर्षा ऋतु में नन्ही बूँदों का आनंद उठाया और जीवन से जोड़ते हुए वर्षा के मौसम में इस कविता का बड़े ही सुंदर तरीके से हाव-भाव संग गायन किया। छात्रों ने कविता गायन के माध्यम से यह संदेश प्राप्त किया कि जब छोटी-छोटी बूँदे पूरी धरा को हरा-भरा कर सकती हैं और सब तरफ हरियाली और खुशियाँ बिखेर सकती हैं तो क्यों ना हम भी नन्हीं बूँदों की तरह छोटे छोटे होकर बड़े काम करें और जीवन को खुशियों से भर दें। किताबी ज्ञान के साथ-साथ व्यवहारिक जीवन से संबंधित विषयों के प्रति छात्रों को सजग बनाना एवं गतिविधियों द्वारा उनके विचार कौशल में निखार लाना भी इसका उद्देश्य है।



अभिनय मंचन गतिविधि (Mela Nukkad Natak)

'नवीन पीढ़ी एवं पुरानी पीढ़ी की सोच का सम्मिश्रण ही भविष्य को सुंदर बना सकता है।' कक्षा पाँचवी के छात्रों ने अभिनय मंचन के द्वारा सामूहिक गतिविधि करके सभी के समक्ष अपने अभिनय कौशल का प्रदर्शन किया और पाठ को गतिविधि के माध्यम से कक्षा में समझाया और यह भी बताया कि पीढ़ी की सोच का अंतर क्या है? वर्तमान सोच और पहले की पीढ़ी की सोच किस तरह की थी घर का खाना खाना बाहर के खाने से बीमारियाँ यह सब जानकारी बच्चों ने नाटक के माध्यम से दी और समय बचाने और पैसा बचाने के साथ-साथ पैदल चलने के लाभ भी बताए। मेला नाटक के अभिनय मंचन के माध्यम से न केवल छात्रों ने पाठ से शिक्षा प्राप्त करी और आनंद उठाया अपितु उन्होंने व्याकरण विषय श्विषेषण पर भी ज्ञान प्राप्त किया।



Proud Winners of Inter-School Competition : "The Pi-anist" (A competition of Recitation and Rhythm)

Reyansh Yadav of class VII B and Rachant Pal Singh of class VIII F participated in the competition 'The Pi-anist' (A competition of Recitation and Rhythm) based on the Theme : The Symphony of Numbers. The competition was organised by K.R. Mangalam School, Vaishali on 19th July 2024. We are elated to see them win the First prize in the event.



Hats off to our winners!

Laurels won in Interschool Competition

"A winner is a dreamer who never gave up".

On the 20th of July 2024, Shambhavi Kanodia, Uday Harnal and Kamaksha Saraf of class XII of Summer Fields School secured First Position out of around 20 eminent schools from Delhi NCR in - 'Chatterati' Interschool Radio Show Competition at K.R Mangalam, World School Vaishali.



The theme of the Radio show was 21st century skills. The students played multiple roles from RJs to enacting famous iconic leaders in a span of 5 minutes. The students included an interview segment named United by dialogue where they enacted Narayan and Sudha Murthy, a self composed song in the music segment named soft melodies and a light-hearted prank segment named prank patrol.

This is yet another feather in the cap of Summer Fields proving the dedication of students and teachers under the able guidance of a dynamic Principal.

STELLAR PERFORMANCE IN THE INTER SCHOOL COMPETITION

Congratulations to our winners of Messagio Bobine (Reels with a message) Competition organized by DPS RK Puram

Abhinandita Ghosh and Siya Chandra of class XI won the First Prize in the Messagio Bobine (Reels with a message) Competition organized by DPS, R K Puram during their science fest "Festival Della Scienza 3.0" on 20.07.2024. This competition was conducted online.

We are proud of our winners.



Adding glitters to the crowning glories of Summer Fields School!

"Das Puppenspiel Studio" (puppet show in German language)

An Interschool competition was organised by KR Mangalam School, Vaishali on 20th June, 2024. Avyan Soie, Aranya Kanodia, Pavaki & Daivik participated of Class VI and won 3rd Position in the competition named "das Puppenspiel Studio" (puppet show in German language). The Theme was 21st century skills. Students showcased their talent and creativity through theatre. The Participants used hand puppets and props to tell their story. Judgement criteria was on the basis of content, dialogue delivery, creativity, props & presentation. All the students performed with great zeal and made the school proud by winning the Prize.



Adding Feathers to our cap!

Congratulations to our winner in the Inter-School Competition - "Extravaganza-Eco Com-Biz Talk"

On 31st July 2024, Rasveen Kaur Chawla, Samyak Jain and Shambhavi Kanodia of class XII secured the First Position out of 15 eminent schools from Delhi NCR in - 'Extravaganza-Eco Com-Biz Talk' Interschool competition organised by Frank Anthony Public School New Delhi.



Representing Italy, the students from Summer Fields School delivered an outstanding presentation that stood out for its depth and insight. Their discussion encompassed the historical context and multifaceted relations between India and Italy, highlighting how these two nations have evolved as strategic partners over the years.



Rasveen Kaur played the role of a moderator, Shambhavi Kanodia played the role of a delegate and Samyak Jain played the role of an interjector. The presentation was given in a span of 5 minutes.

They were also appreciated during the morning assembly.

We are indeed proud of our winners.

INTER-SCHOOL SUPER JOCK RHYTHMIC YOGA COMPETITION-2024-25

It was indeed a proud moment for Summer Fields School, Kailash colony when the students received participation certificate and a book as a token of appreciation in the event SUPER JOCK RHYTHMIC YOGA under the programme, "A SANKALAN OF WITPICKS" aiming at the synchronization of movement with breath. Total eight students of Classes 6th to 8th participated in the event held at KALKA PUBLIC SCHOOL, Alaknanda on 31 July 2024.



The school Principal, Ms. Shalini Agarwal congratulated the participants for their hard work and encouraged them for the future endeavours.

SR. NO.	NAME OF STUDENTS	CLASS
1.	RAAVI TIWARI	6TH A
2.	ARADHYA MAURYA	6TH A
3.	KAVYA BHARDWAJ	6TH A
4.	HIRDYANSHI COUDHARY	6TH C
5.	MARYADA PRUSTY	8TH A
6.	JIYA MAHAWAR	8TH D
7.	JASLEEN KAUR	8TH E
8.	SANVI MISHRA	8TH F

Summerite once again hits the bull's eye!

In the month of July, Kaushal Singh of class XII-A participated in 27TH DELHI STATE INTER SCHOOL SHOOTING CHAMPIONSHIP and 39TH DELHI STATE SHOOTING CHAMPIONSHIP at Dr. Karni Singh Shooting Range.



The competition brought together various shooters from Delhi state to create an atmosphere of fierce competition and sportsmanship.

Kaushal Singh participated in seven events. He bagged three Gold Medals in the 25m Sports Pistol event, two Gold Medals in the 50m Free Pistol event, a Gold Medal in the 10m Air Pistol event and a Silver Medal in the 25m Standard Pistol event.



He played well and gained a new experience out of it. We wish him the best for his future endeavours.

SCHOLAR BADGE CEREMONY - 2024

Summer Fields School hosted the Annual Scholar Badge Ceremony on 27th July 2024 to felicitate the multitude of prodigious students who achieved excellence in academics in the session 2023-2024. This ceremony is one of the most awaited and time-tested tradition, when gleaming enthusiasm and the triumphant spirit of the young scholars can be seen and felt. The Auspicious occasion was graced by the benign presence of the honourable Chief Guest, Mr. Anurag S. Daria, Joint Director of Income Tax, New Delhi and our very own, Mr. Rahul Gupta. The program was also witnessed by the profusely overjoyed parents whose hearts were filled with pride, glee and honour as they saw their children receive the coveted recognition.



Welcoming the august gathering, the school Principal, Ms. Shalini Agarwal congratulated the students and the parents and reiterated that the hardwork and toil put in by their wards has been recognized. She applauded the scholars for accomplishing their targets and further inspired them to follow the path of Commitment, Hard work, Integrity and Perseverance.

The star students received certificates, ties and trophies from the Chief Guest who complemented them for their academic excellence and expressed that no dream is big or small, so each one should have a vision and believe in their potential to fulfil their dreams. The Extravaganza of cultural events added pomp to the occasion.



Soaring high....

On July 31, 2024, our school proudly participated in the Annual Interschool Event, 'A Sankalan of Witpicks,' hosted by Kalka Public School, Alaknanda. Our school spirit soared as we cheered on our talented representatives.



In the exciting 'Aquatech 2050' competition, Palak Agrawal and Pavit Singh Kohli from Class 10A showcased their incredible skills and brought home the appreciation position. Their hard work and dedication are an inspiration to us all! We're incredibly proud of their achievement and congratulate the entire team for their fantastic efforts.

OUTSTANDING PERFORMANCE AT THE DELHI OPEN INTERNATIONAL RATING CHESS COMPETITION

Champion of the mind game....

Rishabh Pradhan of Class 9-C participated in the Delhi Open International Rating Chess Tournament and secure the Second Position in the 1600 category. The event was held on the 27th & 28th of July 2024 at Thyagraj Stadium, Delhi. He was awarded a trophy and a cash prize of Rs. 7500.



We are truly proud of our champion and wish him greater success in his future endeavours.





Yet another feather on our cap!!

Summer Fields School is proud to witness our students, Parv Jain and Parv Gupta of class XII, who participated in the “Compfest Computer Programming Competition” at Frank Anthony Public School. They competed against nearly 15 other schools. The winners expressed their gratitude to the Principal and teachers for their support and guidance.

Congratulations to our winners!



CELEBRATING MATHS WEEK

“Maths is the symphony of art, the rhythm of music, and the thrill of game, all combined into one beautiful subject”

Summer Fields School organized a plethora of activities to celebrate ‘Maths Week’ from 22nd July 2024 to 26th July 2024. The faculty of Maths Department engaged the students in various interesting activities and competitions. The students enthusiastically participated in these events and had a hands-on experience of learning.

Solve and Run, Mathemagic, Tessellation, Real World applications –Geometry City, The Mathematics Quiz competition were conducted for Classes VI to IX and XI respectively.

Math week 2024 was a resounding success, engaging students, teachers, and the community in the beauty and importance of mathematics and it was well appreciated by our respected Principal, Ms. Shalini Agarwal.



Crafting Champions : Legacy of Sunil Bhatt

Sunil Bhatt, with his remarkable 32 years of experience in physical education, has a profound impact on his students' lives. Beyond the physical training, he emphasizes the importance of healthy lifestyle choices, educating his students on fitness, nutrition, and mental health. As a role model, he exemplifies positive behavior, ethical practices, and a balanced lifestyle, inspiring his students to emulate these qualities. His holistic approach to education ensures that his students not only excel in sports but also develop into well-rounded individuals equipped with the skills to navigate life successfully.

He has recently been awarded the Sports Excellency Award by Bharat Sports Management Group! This prestigious recognition honors his contribution to the sports field, inspiring generations of students to embrace sports and a healthy lifestyle. He has also been awarded as the best Physical Education teacher by Directorate of Education N.C.T Delhi Zone 25 for 4 consecutive years (2019-2022).



ROAD SAFETY QUIZ : AWARENESS ON ROAD SAFETY

Summer Fields School organized a quiz on Road Safety conducted by Road Transport Department of New Delhi on 1st -10th June 2024 for the students of Classes-VI - XII.

The students were tested on their knowledge of the traffic rules and various road safety measures in age-appropriate multiple choice questionnaires. The hour-long quiz proved to be not only a tool for testing the students' knowledge of traffic rules but also became a medium of sensitizing young minds about traffic rules and importance of following them. They realized their contribution in traffic management, and how they can be instrumental in making people aware of traffic rules and can force their parents, relatives and friends to follow traffic rule for the safety of self and others.

The students were acknowledged for their outstanding performance.



A school-wide "Hygiene Heroes" program was also launched where the students pledged to maintain good hygiene practices and encourage their family and friends to adopt these practices.



SAY NO TO TOBACCO

ACTIVITIES FOR THE MONTH OF JULY 2024

To inculcate awareness about the harmful effects of tobacco, Summer Fields School, organized a programme joining hands for the drive "Say No To Tobacco". The students enlightened their peers about the hazards of consuming tobacco and encouraged them to abstain from consuming it. The students highlighted the fact that Smoking not only puts the active smoker in the danger zone of diseases but also envelopes the innocent passive smokers into its fold. They expressed their ideas through placards, posters, bookmarks, performing skits and writing poetry. The glorious event creatively presented by the students was a great success in delivering the message to refrain from consuming tobacco products. With great dedication and diligence, Principal Ms. Shalini Agarwal made every effort to ardently contribute for the good cause of spreading awareness against consumption of tobacco and inspire the students to participate wholeheartedly.



'JAL DOOT' PROGRAM UNDER JAL SHAKTI ABHIYAN: CATCH THE RAIN CAMPAIGN

To raise awareness about the importance of water conservation and encourage students to take action to reduce their water footprint, a solemn pledge was taken by the students of Summer Fields School where they recited the following commitments to conserve water:

- Turn off the tap while brushing teeth
- Take shorter showers
- Use a water-efficient bucket for washing hands and face
- Report any water leaks to authorities

A quiz was also conducted to test students' knowledge on water conservation. Students demonstrated a better understanding of water conservation practices. The activity inspired students to take ownership of water conservation efforts.

The water conservation pledge activity was a success, with students showing enthusiasm and commitment to reducing their water footprint. We plan to continue promoting water conservation practices in our school and community.



"STOP DIARRHOEA CAMPAIGN"

"Diarrhoea ki Roktham, Safai aur ORS se rakhen apna dhyaan"

Summer Fields School, Kailash Colony organized a "STOP Diarrhoea Campaign" in accordance with the guidelines of DoE. Under this campaign, 10 students from classes VII and VIII were trained and appointed as "Wellness Ambassadors".

The students inspected the washrooms and water coolers in the school to check for cleanliness and hygiene.

The students also demonstrated the right technique of washing hands to their peers.

WORLD POPULATION DAY CLASS VI - VIII

World Population Day is an annual event observed on the 11th July, celebrated to raise awareness of global population issues.

In order to highlight this concern toward the growing population, the students of class VI participated in a plethora of events including caption writing, essay writing, poster making etc. The aim of conducting these activities was to make the students understand the theme of the population day for this year-**Healthy-timing and spacing of pregnancies for wellbeing of mother and child**".

The teachers also spoke to the students on this issue and explained to them the hazards related to the extreme population growth.

The students actively participated in various activities organized for them and presented provoking and thoughtful slogans and banners and some colorful posters to mark the importance of the occasion.



TREE PLANTATION DRIVE



The students of Environment Club participated with great zeal and enthusiasm on the occasion of 'Mass Tree Plantation Drive on 19th July 2024. The school collected over 500 saplings for the mass tree plantation drive.

Our esteemed Chairman Sir, Mr. Inder Dev Gupta, along with our revered Principal, Ms. Shalini Agarwal, respected Mr. Meena, DDE & Mr. G.P Singh from the directorate of Education and the students of various classes planted saplings in the garden of the school to raise awareness and consciousness about the environment to the masses. Tree plantation is not just something that should be done; instead, it is a necessity, the urgent need of the hour. Planting of trees are extremely important to protect our environment against air pollution and global warming. The drive was a huge success, empowering students with substantial knowledge of environment and plants.

EDUCATIONAL VISIT TO MOTHER DAIRY 30th July 2024

Students from classes 8th (HPE), 11th, and 12th (Home Science) recently embarked on an educational visit to the Mother Dairy Plant, the largest milk processing facility in Asia. This visit was designed to provide practical insights into milk processing techniques, methods for detecting adulteration, and the history behind Mother Dairy. During the visit, the students edified about the establishment of Mother Dairy in 1974 and its evolution into Asia's premier milk processing plant.

Further, they explored various techniques for detecting adulterants, including fat content analysis, protein testing, and microbiological examination. This hands-on experience highlighted the crucial role of quality control in dairy processing. The educational visit to the Mother Dairy Plant was undoubtedly an enriching experience for students.



EXCURSION TO DR. APJ ABDUL KALAM MEMORIAL - CLASS VIII

In order to pay homage to the great and inspirational Indian leader, Dr. APJ Abdul Kalam, Summer Fields School, Kailash colony in collaboration with 'Times NIE' organised a trip to 'Dr APJ Abdul Kalam Memorial' on 31st July 2024. Based on the philosophy and life of Honourable former 11th President of India, Late Dr. A.P.J. Abdul Kalam, the 'Kalam Memorial' has been set up at Dilli Haat, INA, New Delhi. The aim of the excursion was to keep the legacy of the Dr. APJ Abdul Kalam alive in the heart of every student. The students gained an insight into the life history of the renowned leader.

The excursion was truly enjoyed by the students of class VIII as they created endless memories and learnt a myriad details.



WORKSHOP ON 'BULLYING' Date- JULY 10, 2024

A workshop on 'Bullying' was organised for the students of Class VIII on 10th July, 2024 from 9:30 a.m to 11 a.m. Ms. Arti Girdhar conducted this workshop and explained that Bullying comes in various forms and affects the mental health of the bullied person.



Her workshop focused on how to prevent Bullying. She instructed that Bullying should be immediately reported to an adult, situations that trigger should be avoided and issues should be talked about. She instructed the students to avoid violence, self blame and focused on the phrase that "Sun is alone but still it shines to clear the darkness".

The workshop was conducted by Ms. Arti Girdhar, Founder and President of ANON Global Foundation, a philanthropist and educationist, with two decades of wide-ranging teaching career.

We are thankful to our esteemed Principal, Ms Shalini Agarwal and the Management for being the driving force behind all our endeavours and for motivating us to attend such educational sessions.



CREATIVE CORNER





The Library of Thoughts

In the silence of my thoughts, a library comes alive
 Where ideas and dreams are nurtured to thrive,
 Filled with beauty of unfold thoughts,
 And inner peace is carefully sought.

With all my problems, I find my way;
 To do something to seize the day.
 With every step a brighter horizon appears;
 With each breath, a sense of calm is clear.

And in each moment a deeper connection forms
 To make my day, a happy heart swarms,
 And fills my life with love that lasts
 And surrounds me with joy that forever lasts.



- Priyal Sharma
 X-A



Yuvaan Toorani (VI-E)



Keshav Kapoor (VII-E)



Editorial Board



Thank You