

RESPLENDENCE



Summer Fields School

G.K.-1, NEW DELHI - 110048

**SFS NEWSLETTER
AUGUST 2025**



August 2025

NEWSLETTER

"The highest education is that which does not merely give us information but makes our life in harmony with all existence." - Rabindranath Tagore

From the Principal's Desk



As the gentle rains of August gave way to the promise of September, I've been reflecting on what an incredible month it was for our school. The halls have been buzzing with an inspiring energy, a vibrant testament to the talent and dedication of our students.

August was a month painted with moments of immense pride and celebration. We cheered for our students' triumphant victories and stood together for the solemn strains of our national anthem. It reminded me that our school is more than just a place of learning—it's a thriving ecosystem where every student's potential is nurtured and celebrated.

Speaking of celebration, let's acknowledge the remarkable achievements of our students this past month. They brought home numerous awards, excelling in competitions at the intra-school, inter-school, zonal, state and even national levels. These impressive victories are a clear testament to their hard work and the unwavering support of our teachers and parents. It's clear that our school excels in both academics and extra-curricular, fostering a truly well-rounded environment for all.

To our students who are appearing for their half-yearly exams, I want to extend my warmest wishes. I look forward to celebrating your excellent results with you.

All the best!

With warm regards
Principal

Summer Fields School Hosts Successful Model United Nations (MUN)

Summer Fields School successfully hosted a two-day Model United Nations (MUN) on August 7th and 8th, 2025. The event brought together over 300 students from various schools to participate in seven different committees, including Lok Sabha, UNGA, and UNSC.

The inauguration ceremony was attended by Mr. Trần Thanh Túng, Head of the Political, Economic, and Cultural Section at the Embassy of Vietnam, as the Chief Guest, along with school Principal Mrs. Shalini Agarwal. The event, guided by the MUN Coordinator and the Social Science Department faculty, focused on learning and collaboration.

At the closing ceremony, prizes were awarded by Principal Mrs. Shalini Agarwal and Academic Auditor Mr. Ashok Arora. Although Summer Fields School did not compete for the top honor, the "Best School Delegate Award" went to Blue Bells International School. However, Summer Fields students received several commendations in various categories. The event concluded with a vote of thanks and an acknowledgment of the guidance and support from the school's leadership.



INDEPENDENCE DAY CELEBRATION

Summer Fields School celebrated the 79th Independence Day on August 14, 2025, a powerful tribute to the freedom fighters who liberated India and the nation's rich cultural legacy.

The celebration began with a flag-hoisting ceremony and the National Anthem, followed by a warm welcome speech by the Principal, Ms Shalini Agarwal, highlighting the sacrifices of freedom fighters and the need for national unity. Air Commodore Manish Sabharwal (VSM), in his address, shared inspiring anecdotes from his military career, emphasizing the importance of discipline and courage.

The program included a variety of performances, such as the "Pride of India" dance, a patriotic hymn, and a Hindi skit about the Jallianwala Bagh massacre. These performances conveyed a strong message of patriotism and national spirit. The event concluded with a vote of thanks from the Deputy Head Boy and Head Girl.



Alice In Wonderland - KG Class Concert

The students of Kindergarten of Summer Fields School presented their Class Concert on the enchanting theme 'Alice in Wonderland', captivating the audience with their confidence and charm through dance, drama and music. Graced by Guest of Honour Ms. Pooja Gupta, Chief Guest Shri Raj Kumar Majumdar, Academic Auditor Mr. Ashok Arora and Principal Ms. Shalini Agarwal, the event beautifully showcased the creativity, talent and teamwork of the young learners. The guests and Principal applauded the efforts of the children, teachers and parents, making the concert a memorable celebration of imagination and learning.



Outstanding Achievements At The Delhi State Taekwondo Championships 2025!

The students of Summer Fields School, Kailash Colony brought glory to the institution with their outstanding performance at two prestigious state-level taekwondo events held in August 2025.

At the 1st Delhi State ILDO Korean Martial Art Championship 2025, organized on 22nd August 2025 at Thyagaraj Indoor Stadium, Garvit Kumar of Class XI-D displayed exceptional talent and determination under the expert guidance of Mr. Bharat Kamat, Taekwondo Instructor (Black Belt -4th Dan). He secured a Gold Medal and was also honoured with the Best Player Award.

Continuing this winning streak, our school also participated in the 36th Delhi State Taekwondo Championship 2025, held from 21st to 23rd August 2025 at Thyagaraj Indoor Stadium. This mega event witnessed participation from 300 schools and 150 clubs across the state. 30 students from Summer Fields School took part and delivered a stellar performance, clinching an impressive 20 Gold, 10 Silver, and 20 Bronze medals. Their collective effort secured the school the 1st Runner-Up Trophy.



The Principal, Shalini Agarwal, extended her heartfelt congratulations to the young achievers, commending their consistent efforts and wishing them the best in all their future endeavors.



SUMMER FIELDS HOSTS AND TRIUMPHS AT ZONAL TABLE TENNIS TOURNAMENT

Summer Fields School was the proud host of the Zonal Table Tennis Tournament, held from August 27-29, 2025. The three-day event brought together 52 teams from various schools for a display of exceptional talent and sportsmanship. The tournament was officially opened by the school's Principal, Ms. Shalini Agarwal, who delivered an inspiring message to all the young participants.

Throughout the competition, the teams demonstrated commendable skill, discipline, and a strong spirit of fair play. Summer Fields School's teams delivered a truly outstanding performance. The school secured first place in both the Sub-Junior Girls and Junior Boys categories, showcasing their dominance. They also claimed second place for the Senior Girls team and third place for both Junior Girls and Sub-Junior Boys.

The success continued with the Senior Boys team, who secured a respectable fourth place. This collective achievement highlights the school's consistent dedication to sporting excellence and its students' hard work. The tournament successfully provided a valuable platform for young players to showcase their abilities and foster healthy competition.



DELHI STATE MINI FOOTBALL CHAMPIONSHIP

A Podium Finish for Summer Fields School

Adding another feather to the school's sporting achievements, the Summer Fields School Under-17 Football Team clinched the third position in the Delhi State Mini Football Championship, held on 23rd August 2025 at DPS International School, Saket.

The tournament witnessed participation from several strong teams across the state, yet our players showcased commendable effort, determination, and fighting spirit throughout the matches.

On this occasion, the Principal, Mrs. Shalini Agarwal, congratulated the team for their spirited performance. This success stands as a reflection of the school's encouragement towards sports and nurturing young talent as well as serves as an inspiration for younger students to pursue football with dedication and passion.



ZONAL FOOTBALL CHAMPIONSHIP

The Summer Fields School Under-14 Girls Football Team brought pride and glory to the institution by emerging as the winners of the Zonal Football Championship held at DPS Mathura Road.

The tournament witnessed tough competition from various schools of the zone, but the young athletes of Summer Fields stood out with their exceptional teamwork, consistent effort, and display of sportsmanship. Each match reflected their rigorous practice sessions, determination to succeed, and passion for the sport.

On this remarkable achievement, the Principal, Mrs. Shalini Agarwal, extended her heartfelt congratulations to the players. This victory has added another golden chapter to the school's record of achievements and has further strengthened its reputation in the field of sports.



Celebrating Sikkim's Sporting Stars

As part of the Ek Bharat Shreshtha Bharat initiative, our school hosted an essay writing activity on "Sports Heroes of Sikkim" for classes VI-XII. The aim was to promote national integration and awareness of athletes from the region. Students wrote enthusiastically about heroes like footballer Baichung Bhutia and archer Tarundeep Rai, highlighting their inspiring journeys and achievements. This activity successfully fostered unity and sportsmanship while improving students' writing and research skills. It encouraged them to look beyond their immediate surroundings and celebrate the diverse talent that truly strengthens the spirit of Ek Bharat Shreshtha Bharat.



Inter House Painting Competition : Vibrant Strokes of Nature

A vibrant Inter House Painting Competition was held in the Art Room for students of classes VI-VIII on the theme of 'NATURE.' Four participants from each house created beautiful paintings showcasing captivating landscapes and diverse flora and fauna using a vibrant color palette.



Gandhi House secured the first position, followed by Nehru, Tagore, Vivekananda, Teresa, and Radhakrishnan houses. The top individual performers were Lakshmi Mandal of Class 8D in first place, Mayank Parida (7E) and Shivangshu (6C) who both tied for second, and Aarna Bajaj (8B) and Hiranya Pahuja (8G) who both placed third.

The event was a great success and children enthusiastically participated.



HAR GHAR TIRANGA: A SCHOOL'S TRIBUTE TO THE NATION

Summer Fields School actively participated in the Har Ghar Tiranga campaign, part of the Azadi Ka Amrit Mahotsav, from August 2nd to 15th, 2025. The initiative successfully instilled a sense of national pride and patriotism among students through a variety of engaging activities.

Students honored the national flag by:

- Creating Tri-colour artworks and Rangoli throughout the school.
- Writing letters of gratitude to members of the Indian Armed Forces and Police.
- Watching educational videos on the significance of the national flag.
- Participating in an online quiz about the campaign.

These activities fostered a personal and emotional connection with the nation, highlighting the students' tribute to India's heritage and service personnel.



Summer Fields School Joins Nationwide Drug Awareness Campaign

In alignment with the Ministry of Education's directive, Summer Fields School successfully participated in the Nasha Mukta Bharat Abhiyaan, a nationwide drug awareness campaign, from August 13th to 16th 2025.



Over 500 students and staff took part in the initiative, which included a mass pledge against drug abuse led by NCC and NSS volunteers. Students from Classes VI-XII also participated in a poster and slogan competition to creatively highlight the dangers of substance abuse.

Additionally, interactive awareness workshops were held, using videos and case studies to educate students on the harmful effects of drugs. The campaign successfully raised awareness not only within the school community but also among parents and local residents.

Maa Yamuna Swachhata Abhiyan Painting Competition

On August 11, 2025, Summer Fields School held a successful Maa Yamuna Swachhata Abhiyan Painting Competition to promote environmental responsibility. Students from various classes participated enthusiastically, creating vibrant paintings on themes like waste segregation, plastic-free environments, and clean water.



Principal Mrs. Shalini Agarwal praised the students' efforts, encouraging them to make cleanliness a lifelong habit. The competition concluded with the announcement of winners, leaving a lasting impression on all participants about the importance of keeping their surroundings clean.

CLEANLINESS: A COLLECTIVE COMMITMENT

SWACHH BHARAT ABHIYAN

The "Each One Clean One" initiative took place in August with the goal of promoting cleanliness and environmental responsibility among students. The program aimed to teach students about their individual impact on a clean environment through a variety of engaging activities. These activities were designed to foster good habits at school and at home, encouraging students to be more mindful of their surroundings.



The initiative featured several activities, including a Cleanliness Pledge to instill a sense of commitment, a Poster Making competition to convey important messages through art, and a Cleanliness Detective game that had students identify areas needing attention. Students also completed a Home Task for Cleaning, organized their personal spaces, and learned about proper hygiene in the Magic Clean Hands activity. The program also encouraged critical thinking and communication through slogan writing and paragraph writing tasks.

The initiative was highly successful, with strong participation from all students. The enthusiastic response from students and staff showed that the program successfully instilled important values like responsibility, teamwork, and community care, which will continue to inspire positive environmental contributions.



MORNING ASSEMBLY

Nelson Mandela International Day

Our August morning assemblies were focused on building character and global awareness. We began August assemblies by emphasizing discipline as a key to success. Followed by a powerful assembly on Nelson Mandela International Day, where students presented on the values of freedom and equality. We then dedicated a solemn assembly to Hiroshima Day, teaching students about the importance of peace. Later in the month, we celebrated National Sports Day, promoting the values of teamwork and physical well-being. Throughout August, we also highlighted the importance of gratitude, encouraging students to be thankful for their opportunities and support systems.

These assemblies helped us nurture well-rounded individuals who are not only knowledgeable but also empathetic and disciplined.



KARGIL DAY

A TRIBUTE TO OUR SOLDIERS

To commemorate the valor and sacrifice of Indian soldiers during the Kargil War, a special school assembly was held on 29th August 2025 by Teresa House to observe Kargil Day.

After the initial proceedings, a brief introduction about the significance of Kargil Vijay Diwas was presented by students of Teresa house. To evoke a sense of national pride and unity, students performed a patriotic dance. This was followed by a short skit that depicted the bravery of Indian soldiers, which was well-received by the audience. A patriotic musical rendition added to the splendor of the event.

The Principal praised the students for their wonderful presentation and in her address, underscored the importance of honoring the sacrifices of our soldiers. She urged students to embrace a deeper sense of patriotism and responsibility towards the nation.

The assembly concluded with the National Anthem, and students dispersed with a renewed sense of respect for the armed forces and love for the nation.



SOCIAL SCIENCE WEEK

From August 4th to 8th, 2025, the school celebrated Social Science Week, promoting "Learning by Doing" to deepen students' understanding of India's heritage and global perspectives. The week-long event fostered curiosity and essential life skills like teamwork and communication through various hands-on activities.

Junior and middle school students participated in a range of engaging projects. Class VI students created State Albums by researching and compiling information on the culture, geography, and cuisine of different Indian states.

For Class VII, the Historical Role Play competition, "Kahaniyon Ki Potli," brought history to life as students portrayed significant figures like Rani Durgavati and Maharana Pratap, showcasing their dramatic and historical knowledge. Class VIII focused on Tribes of India, with students creating tribal masks, jewelry, and paintings, as well as a food display, to appreciate the country's rich tribal heritage.

Senior students also participated in events that applied their social science knowledge. Class IX students created geography-focused newsletters, researching and writing articles on topics like climate and population dynamics. Class X performed a play on Self-Help Groups (SHGs), scripting a story to highlight common societal problems and propose solutions. For Classes XI and XII, the week featured two events: a "Flavors of India" event where students presented traditional cuisine and culture from different states, and a Moot Court competition that provided practical experience in legal proceedings, advocacy, and critical thinking.



Commerce Day: Engaging Activities in Business and Economics

Commerce Day was a vibrant event featuring competitions designed to enhance students' understanding of business and economics. The day's activities included debates, a role-playing exercise, and a poster-making competition.

The Eco Debate on "Economic Dialogues: Shaping Our Future" covered topics like capitalism vs. socialism and international aid. Anindo Bhattacharjee (XII C) and Vanshika Malhotra (XII C) were recognized as the best speakers, while Sadiq Hasan Khan (XII D) was named the best interjector.

Students also participated in a role-play activity on the "Retirement of a Partner," which helped them grasp the financial and procedural aspects of this business scenario. A separate debate on "Traditional vs. Modern Shopping" sparked a lively discussion, with the team arguing for modern shopping ultimately winning.

Finally, a Poster Making Competition challenged students to create visuals on futuristic and socially relevant themes, such as AI & Business in the Year 2047 and Women Icons in Indian Business. The event successfully combined creativity, critical thinking, and practical application, making it both educational and memorable.



Workshop on English Language Teaching

A workshop on English Language Teaching (ELT) was organized by Bharati Bhawan Publishers & Distributors on Saturday, 23rd August 2025 at Suryaa Hotel. The session was conducted by Ms. Vibha Khosla, an eminent educationist and Principal of Modern School, Vasant Vihar. The workshop was designed to address pedagogical challenges in teaching English for classes 1–10, focusing on experiential learning, innovative strategies and the new NCF guidelines.

Two teachers from the Department of English from Summer Fields School attended this highly informative session along with teachers from various reputed schools. Inputs from different schools enriched the discussions, offering practical ideas and activity-based methodologies.

The session proved to be immensely beneficial as it emphasized transforming traditional approaches into engaging and learner-centric experiences. Teachers returned with valuable strategies to enhance student participation and learning outcomes.



Show and Tell

The little stars of Nursery enthusiastically participated in the Show and Tell activity My Favourite Vegetable. They shared their stories about the colourful vegetables from orange carrot to green capsicum. It was a wonderful opportunity for the little ones to build confidence and communication skills. They inspired everyone to embrace the magic of nutritious eating.



BLUE DAY

Our little ones from Nursery celebrated Blue Day with great enthusiasm. Dressed in different shades of blue, they looked bright and cheerful. Each child carried a blue object and confidently spoke a few lines about it, which helped them build vocabulary and confidence.



Parental Interface

A special Parental Interface session was conducted on the theme 'Healthy Food and Junk Food'. The parents interacted with the children and explained the importance of eating nutritious food and avoiding unhealthy snacks. It was a meaningful and enjoyable experience for both children and parents.



Independence Day

The little learners of Kindergarten celebrated Independence Day with great joy. They stepped into the shoes of great freedom fighters and national heroes during the Role Play activity. They confidently spoke their dialogues and brought to life inspiring figures like Mahatma Gandhi, Rani Lakshmi and many more. The Role Play not only boosted their confidence and communication skills but also helped them connect with the values of courage, unity and patriotism.

The stars of Nursery celebrated Independence Day with great enthusiasm. Dressed beautifully in saffron, white and green, and they filled the atmosphere with patriotic spirit. The yummy tricolour sandwiches added flavour to the spirit of the day. The children also prepared a tricolour headband and watched a ppt on Independence Day.



ASSEMBLIES

Independence Day and Healthy Food and Junk food

The students of Kindergarten B presented an assembly on Raksha Bandhan. The children wore traditional attires and enthusiastically spoke a few lines about the festival and how they celebrate it with their families. The children highlighted the beautiful bond of love between brothers and sisters.



The students of Nursery B conducted a delightful class assembly centered around the theme 'My School'. They expressed their love for school through cheerful performances and heartfelt lines, beautifully conveying how it is a place of learning, friendship and joyful experiences. The event was met with appreciation and applause from all in attendance.

The students of Nursery C presented a heartfelt the honour the significance of Independence Day. They expressed their deep love and pride for the country through charming performances and a delightful presentation of the patriotic song 'Nanha Munna Rahi Hoon'.

The students of Nursery D conducted a beautiful assembly on the theme Healthy Food and Junk food. They dressed up as different food items and confidently spoke about the importance of eating healthy food. The assembly not only entertained but also taught an important lesson of making the right food choices.

Raksha Bandhan

The students of Kindergarten presented a heartwarming assembly on Rakshabandhan. Children wore traditional attire and enthusiastically danced to the song 'Happy Raksha Bandhan.' The atmosphere was infused with festivity. The assembly taught students about the importance of love, care, and mutual respect, as well as traditional customs associated with Raksha Bandhan.

The students of Kindergarten -C presented a captivating assembly on Janmashtami with great enthusiasm. Dressed as Krishnas and Radhas, they performed an energetic dance

and confidently spoke on the significance of the festival. The assembly was a delightful celebration of our cultural heritage with joy and devotion.



JANANMASTHMI CELEBRATION

Summer Fields School bloomed with festive cheer as our tiny stars of Nursery and Kindergarten celebrated Janamashtami with a lot of joy and devotion. Dressed in vibrant attire of Radha ji and Lord Krishna, The students of Nursery spoke about their roles, coloured matkis, and decorated flutes.

The young learners of Kindergarten participated in an interactive storytelling session, discovering the magical story of Lord Krishna's birth and crafted Krishna's beautiful peacock crown.



BHARAT UTSAV- CELEBRATING THE DIVERSITY

"Embracing diversity, empowering change!"

The students of Classes IV- C and IV D conducted a morning assembly on the theme Bharat Utsav – Celebrating the Diversity on 28 August 2025 to appreciate the divergent culture of India. They shared an impactful message on how diversity fosters inclusivity by making everyone feel valued and respected through melodious patriotic song, mesmerizing patriotic dance performance which beautifully portrayed the linguistic diversity of our country, yet with the essence of unity. Respected Principal, Ms. Shalini Aggarwal, appreciated the inspiring performances and encouraged the students to work hard, stay determined in their goals strive for excellence. The assembly was a perfect blend of knowledge, culture and inspiration which helped to build a sense of unity and harmony among students.



Science Experience

Our little scientists enjoyed the Science Experience – volcano eruption in class. The children were excited to see how mixing baking soda and vinegar made the volcano bubble and overflow like real lava. It sparked curiosity, joy and wonder in their young minds.



Competition

A fun-filled Tearing and Pasting Competition was organized for students of Nursery, aiming to develop their fine motor skills, hand-eye coordination, and creativity.

The competition not only encouraged self-expression but also helped build confidence among our young learners.

To celebrate the festive spirit of Raksha Bandhan, a Rakhi Making Competition was organised for the students of the Kindergarten. The enthusiastic students showcased their creativity by crafting beautiful rakhis. The students demonstrated their fine motor skills and imagination, crafting an impressive array of unique and colourful rakhis.



FIRELESS COOKING CLUB

"Cooking without fire yet igniting creativity and patriotism!"

The Fresh Fusion Club of our school successfully organized a vibrant Fireless Cooking Activity to celebrate the spirit of Independence Day. Students enthusiastically prepared Tricolour Salad and Sweet Corn Chaat, dishes that were not only visually appealing but also conveyed the message of health and nutrition. The young participants showcased remarkable creativity by presenting recipes in patriotic hues, symbolizing unity, joy, and celebration. Their delightful preparations were presented before our Principal Ma'am, who wholeheartedly appreciated their efforts and motivated them to embrace healthy food habits in daily life.



Social Science is a Mirror Through Which The Society Sees Itself!!

Social Science Week was conducted in the school for the primary wing for Classes I-V from 4 August 2025 to 8 August 2025. A plethora of activities like Intra-Class Fancy Dress Competition, Tri-Colour Activity, Collage-Making Activity, Go Eco-Friendly (Paper-Bag Making Competition), 3H Activity, A Visit to Nehru Planetarium took place. The young scholars displayed ecstatic spirit and enjoyed each activity to the fullest. Participating in these activities led students to understand diverse cultures, traditions and promoted cultural awareness and empathy. The activities and the competitions conducted not only helped the students to express themselves creatively and highlighted their personalities but also fostered a sense of national pride and unity. It created a sense of engagement and social responsibility promoting responsibility towards the environment and the nation amongst the students.

Social Science Week was a tremendous success. Students had a fun participating in it. It was a significant learning experience for the students.



3D Movie Fun

Students learned about India's lunar mission in an engaging and interactive way in the movie "CHANDRAYAAN". The 3D visuals brought the excitement of space exploration to life. The children thoroughly enjoyed the movie, showing enthusiasm and excitement throughout the screening. The Chandrayaan movie inspired their interest in space science and technology. Students also enjoyed watching short 3D films on DINOSAURS and SHARKS. Watching the movies with 3-D effects, made it more realistic and interesting.



YOGA- Embrace Your Inner Balance, Find Your Flow

APRAJITA 2.0 – Women's Yogasana Championship 2025 was held on 23rd August 2025 at Rajdhani college (DU), Raja Garden, New Delhi. This championship witnessed to promote physical fitness, mental wellness, and the cultural heritage of yoga among the younger generation.

Total 12 students from Summer Fields School participated in this championship. Our students participated in both the Artistic Solo Event and the Traditional Yogasana across various age groups. Their performance demonstrating exceptional flexibility, balance, and synchronization. Their outstanding performances earned appreciation from judges and the audience alike.

Our talented students won a total of 10 Bronze medals. Among the highlight, Anam Naved from (VIth F) secured 3rd position in the Artistic Solo Event, while in the Traditional Yogasana – Jiya Mahawar (IX-F), Anisha Gaur (IV-D), Jeevika Rawat (IV-G) secured 8th position and Ameya Gaur (VI-F), Anam Naved (VI-F), Durvisha Yadav (VI-F), Aradhya Maurya (VII-A), Riya (VII-G), Raavi Tiwari (VII-A) secured 6th position, showing the results of their relentless hard work and determination.

The principal, Ms. Shalini Agarwal congratulated the winner for their hard work and determination and appreciated the efforts of the yoga instructor for their excellent training and guidance.



"Young Authors Unleashed"

Creating a story is a great brainstorming where students learnt the elements of a story and tried to write or narrate one where in students constantly improving their writing skills to become an aspiring writer. In the month of August, we have two books published – "THE SECRET STRANGER" and "FRIEND SQUADE ON AN ADVENTURE" written by our primary wing students in BRIBOOKS platform, displaying their creativity and writing skills in English. This publication is a testament to their hard work and imagination.



THE ZONAL YOGA COMPETITION

The Zonal Yoga Competition for boys, held on August 22, 2025, at Kautilya Govt. Sarvodaya (Co-ed) Vidyalaya, Chirag Enclave, Zone-25, was a great success, showcasing the talent and dedication of young participants. Among the notable achievements, Swastik Gupta of class VI-D demonstrated exceptional skill and grace in the Artistic Yoga category, securing a commendable 3rd position.



His performance was a testament to his hard work and passion for yoga, bringing recognition to himself and his school. The event highlighted the importance of physical and mental well-being through yoga, inspiring many young boys to continue their practice.

APRAJITA 2.0 - WOMEN'S YOGASANA CHAMPIONSHIP 2025

Summer Fields School showcased a commendable performance at the APRAJITA 2.0 - Women's Yogasana Championship, held at Rajdhani College on 23rd August 2025. The school's athletes competed in both the Traditional Yogasana and Artistic Solo events across multiple age groups (5-8, 8-10, and 10-14). The team's collective effort resulted in a remarkable medal tally, securing a total of 10 bronze medals. A standout performance was delivered by Anam Naved from class 6F, who clinched the 3rd position in the Artistic Solo event.



Additionally, several students achieved a Top 10 ranking in the Traditional Yogasana category, demonstrating their skill and dedication. These students include Jiya Mahawar (9F), Anisha Gaur (4D), Jeevika Rawat (4G), Ameya Gaur (6F), Anam Naved (6B), Druvisha Yadav (6F), Aradhya Maurya (7A), Riya (7G) and Raavi Tiwari (7A).

The students' success in the competition highlighted their hard work and the effectiveness of their training.

Inter School Competition SFS Shines Again – Secures 2nd Position

On 2nd August 2025, our talented students of Classes IV and V under the able guidance of Trilok Sir, brought laurels to Summer Fields School by securing the Second Position in an Inter-School Competition. The event was hosted at Gyan Bharti School, Saket, on the theme "Umeed Jagati Ret (Sand)". Our young performers captivated the audience with their creativity, expressions, and teamwork, leaving a strong impact on the judges.



This achievement reflects the dedication of our students and the constant encouragement of our mentors. We are proud of this accomplishment and look forward to many more milestones ahead.



Taekwondo- Unleashing Your Inner Warrior

The 36th Delhi State Taekwondo Championship 2025, held on 21-23rd August 2025. This championship sighted spirited participant of enthusiastic students representing 300 schools and 150 club across the state. It was a moment of immense pleasure for us as 30 students from our school demonstrated exceptional skill, discipline and sportsmanship during the championship.

The gold medallists – Mohammad Hammad(III-C), Yogya Chaudhary(V -C), Pragati Agrawal(V-D), Prithvish Bhardwaj(V-F) made the school proud by securing top positions.

The silver medallists – Rifaah Siddiqui(II-G), Avisha Dutta(III-B), Deevisha Thakur(III-D), Vivaan Kumar(III-G), Viraj Singh Grewal(IV-B), Zakiya Reyaz(IV-F), Vardan Tiwari(V-D), Shaurya Verma(V-E), Prithvish Bhardwaj(V-F) showcased commendable skill and determination , while bronze medalists –Mehr Chawla(III-B), Mohammad Ali(IV-B), Roman Dass(IV-C), Abhi Gupta(IV-G), Airah Siqqique(V-D), Lakshit Bhadana(V-D), Ridhansh Kain(V-E), Swastika Sharma(V-F) display great spirit and perseverance contributing to the school's overall success.

The Principal, Ms. Shalini Agarwal , congratulated all the participants. She expressed her delight in their achievements and motivated them to continue striving for excellence and encouraged them to keep pursuing excellence.



INDEPENDENCE DAY CELEBRATIONS

To mark the occasion of Independence Day, a *Tricolour Wall Hanging & Badge Making Craft Activity* was organized in our school on 11 August 2025. The event aimed to instill patriotism among students and encourage their creativity while honouring the national flag. Students participated enthusiastically and made authentic representations. The finished wall hangings were displayed in classrooms and corridors, adding a festive patriotic charm to the school. This activity not only enhanced the students' artistic skills but also deepened their respect for the nation's heritage. It was a joyful and meaningful way to celebrate Independence Day.



KRISHNA JANMASHTAMI- A Festival of Joy and Devotion

Morning assemblies at Summer Fields School for Classes VI to XII have served as a powerful platform to instill values, promote awareness, and strengthen character among students. In the month of July, students presented thought-provoking assemblies on a range of relevant and meaningful themes such as *Moral Values, Benefits of Reading, World Population Day, Time Management, Teamwork, Global Warming, Patience and Perseverance, World Nature Conservation Day, and Unity in Diversity*.

These assemblies not only enhanced public speaking and presentation skills but also encouraged students to reflect deeply on societal and personal growth themes.

In line with the Directorate of Education (DOE) guidelines, each assembly included the practice of Positive Affirmations-a pledge taken by students to nurture a positive self-image, emotional resilience, and a growth-oriented mindset rooted in optimism.



Festive fun in Class: Rakhi Celebration

In a fun-filled class activity, children created decorative items and colorful material. The importance of the festival while enjoying the creative project, children grasp the value of the experience.



These engaging activities made learning crucial life skills. Students' participation and excitement in these activities demonstrated their growth in both academics and essential life skills. It was heartwarming to see their eagerness shine through. Seeing their passion for the activities was motivational boost.



Minds Growing, Learning By Doing

Our students had an amazing time participating in fun activities that promoted learning, creativity, and collaboration. The students explored the significance of calendars by creating their own, marking important dates, holidays, and festivals through a fun activity. Addition is the foundation for solving sums. It is the steppingstone to mastering math problems. Chickpea counting help children to understand addition. Kids discover odd-even concept with ice cream sticks and clay. Many other classroom activities were done to inculcate the value of unity and tolerance and to promote critical thinking skills.

Students learned, grew, and had fun while developing life skills!!



नन्हीं उम्र में कुछ खास करें, बूँद बन मीठा एहसास भरें ।

कविता गायन के माध्यम से कक्षा तीसरी के समस्त विद्यार्थियों ने कविता का गायन करने के साथ-साथ वर्षा ऋतु में नन्हीं बूँदों का आनंद उठाया और जीवन से जोड़ते हुए वर्षा के मौसम में इस कविता का बड़े ही सुंदर तरीके से हाव-भाव संग गायन किया ।

छात्रों ने कविता गायन के माध्यम से यह संदेश प्राप्त किया कि जब छोटी-छोटी बूँदें पूरी धरा को हरा-भरा कर सकती हैं और सब तरफ हरियाली और खुशियाँ बिखेर सकती हैं तो क्यों ना हम भी नन्हीं बूँदों की तरह छोटे होकर बड़े काम करें और जीवन को खुशियों से भर दें ।

किताबी ज्ञान के साथ-साथ व्यवहारिक जीवन से संबंधित विषयों के प्रति छात्रों को सजग बनाना एवं गतिविधियों द्वारा उनके विचार कौशल में निखार लाना भी इसका उद्देश्य है ।



रंगमंच की गूँज

कालका पब्लिक स्कूल अंतर्विद्यालयी प्रतियोगिता "संकलन ऑफ विटपिक्स" के अंतर्गत "रंगमंच की गूँज" प्रतियोगिता का आयोजन 31 जुलाई 2025 को किया गया । जिसमें 'शिवाजी' की भूमिका में 'रोल प्ले' द्वारा कक्षा नवी के छात्र आराध्य सेठ ने दिल्ली एन सी आर से आए अनेक प्रतिभागियों के बीच तीसरा स्थान प्राप्त किया । जिसे प्रमाणपत्र के साथ उपहार स्वरूप पुस्तकें व स्टेशनरी सामग्री में प्राप्त हुई । हमारी प्रधानाचार्या श्रीमती शालिनी अग्रवाल ने आराध्य सेठ का मार्गदर्शन किया और हौसला भी बढ़ाया । हम आराध्य सेठ के उज्ज्वल भविष्य की कामना करते हैं ।



सैनिक के नाम पत्र एवं राखी प्रेषण (अनौपचारिक पत्र लेखन)

अनौपचारिक पत्र लेखन के प्रारूप को समझते हुए और सीखते हुए छात्रों ने देश के वीर सैनिकों के नाम पत्र लिखा और उन्हें भाई सद्गुण मान राखी समर्पित की और सुंदर भावों को अपने शब्दों में पिरो उनके लिए रक्षाबंधन पर मनाते हुए उनको पत्र लिखा । छात्रों ने कक्षा के हिंदी अंतराल में ही यह गतिविधि संपन्न की कुछ छात्रों ने अपने पत्रों को कक्षा में पढ़ा और बड़े ही भावनात्मक रूप से उन्होंने संदेश को सबके समक्ष प्रस्तुत किया ।

उद्देश्य: पत्र लेखन के साथ देश भक्ति की भावना, त्योहारों का महत्व हमारे जीवन में क्या है, यह छात्र इस गतिविधि के माध्यम से समझ सके ।



Creativity Unleashed.....

Grade 1-5 Students showcased their creativity through various art forms, including paintings, poetry, and crafts. Students designed and crafted innovative projects, such as handmade cards, decorative items, and recycled art, displaying their resourcefulness and creativity.





लक्ष्मी: हौसले की उड़ान

जिंदगी की जंग कैसे लड़ी जाए, यह कोई लक्ष्मी से सीखे। छोटी थी, तो पिता दुनिया छोड़ कर चले गए, कुछ बड़ी हुई तो घर के काम में माँ की सहायता करती रहती थी। उसकी माँ जीवन यापन के लिए दिहाड़ी मजदूरी करती थी। मन तो उसका पढ़ने का करता था, मगर वह मजबूर थी। यह मजबूरी गरीबी से ज्यादा एक लड़की होने की थी। लोग कहते, बेटा होता तो माँ मजबूर न होती, बेटा होता तो यह, बेटा होता तो वह। तंग आ गयी है लक्ष्मी ऐसी जिंदगी से। मगर आज तक उसकी माँ ने उससे इस विषय में कभी कुछ नहीं कहा। लक्ष्मी को नहीं पता था की माँ उसके बारे में क्या सोचती है। बेचारी लक्ष्मी यही सोचती रहती की लोगो को भगवान पर तो बड़ा भरोसा होता है। फिर भगवान उसकी पुकार क्यों नहीं सुनते है ? भगवान के लिए तो सब समान है, तो यह अन्याय लक्ष्मी के साथ ही क्यों हो रहा है ? अब कहते है न की भगवान बच्चों की जल्दी सुनते है। माँ लक्ष्मी की पढ़ने की इच्छा को जानती थी, तो उन्होंने लक्ष्मी को पढ़ने के लिए अपनी जमा – पूँजी इकट्ठा कर उसे गाँव में ही एक विद्यालय में डाला। जैसे – जैसे लक्ष्मी बड़ी होती गयी, लोगो की बढ़ती आलोचनाओं से उसकी परेशानी भी बढ़ती गयी।

वजह थी कि अब लक्ष्मी बारहवीं कक्षा में आ गयी थी। वह आगे की पढ़ाई भी करना चाहती थी। उसका सपना एक कृषि वैज्ञानिक बनने का था। ज्यादातर युवा गाँव से पढ़ – लिखकर शहर या फिर विदेश में बस जाते है। मगर लक्ष्मी ऐसी न थी। उसे अपने गाँव से बेहद प्यार था। वह अपने गाँव के लिए कुछ करना चाहती थी। अपने गाँव के किसानो को खुश देखना चाहती थी। इसलिए उसने एक कृषि वैज्ञानिक बनने की ठानी। संकल्प तो दृढ़ था, मगर इन आलोचनाओं के बीच में फँसी लक्ष्मी की मदद कौन करता ?

अब जैसा की आप सभी सुनते आ रहे है, जब सारे दरवाजे बंद हो जाये, तब भी कोई न कोई रास्ता जरूर खुला रहता है। ऐसा ही कुछ हमारी लक्ष्मी के साथ हुआ। दो लोग उसके लिए किसी फरिश्ते की तरह आए। एक उसके अपने विद्यालय की शिक्षिका, जिन्हे सब पूनम मैडम कहते थे और दूसरे उसके अपने मामाजी जो शहर में रहते थे। लक्ष्मी की अध्यापिका उसकी हमेशा मदद करती थी। वह लक्ष्मी को हमेशा बढ़ावा देती थी। उसका नाम अलग-अलग प्रतियोगिताओ में डालती रहती थी। जब उन्हें पता चला की लक्ष्मी के अंदर गाँव के लिए कुछ करने का जूनून है तो वह बहुत प्रसन्न हुई। लक्ष्मी को चिन्तित देख उन्होंने कहा, भगवान तुम्हारा रास्ता अपने – आप बना देंगे। बस खुद पर भरोसा रखो लक्ष्मी।”

अध्यापिका जी की बात सच निकली और लक्ष्मी ने अपनी मेहनत और लगन से बारवीं कक्षा में प्रथम स्थान प्राप्त किया। अब समय उसका सपना पूरा करने का था। एक दिन जब वह घर लौटी तो अपनी अध्यापिका, पूनम जी को अपने घर में उसकी माँ से बात करते देख आश्चर्यचकित रह गयी। लक्ष्मी एक कोने पर खड़ी होकर सारी बातें सुनने लगी। पता चला की वह माँ को मनाने आयी है। “आप कोशिश करके तो देखिये बहन जी, लक्ष्मी बहुत होनहार लड़की है। फिर आप इसे अपने भाई के पास, शहर में, पढ़ने के लिए भी तो भेज सकती हैं।” अरे ! लड़की को पढ़ाकर क्या फायदा ? इसे तो दूसरे घर जाना है। “माँ ने कहा। “ ऐसा मत कहिए बहन जी। आजकल तो लड़कियाँ हर चीज में बेटो से कम नहीं हैं। “पूनम जी ने माँ को प्यार से समझाया।” ठीक है, मैं सोचती हूँ। “आखिरकार माँ को कुछ देर और समझने के बाद मान गयी। लक्ष्मी के मामाजी ने भी लक्ष्मी को अपने साथ शहर में रखकर उसकी पढ़ाई में काफी मदद की।

समय बीतता गया। लक्ष्मी मेहनती और होनहार थी। उसने कृषि वैज्ञानिक की परीक्षा में प्रथम स्थान प्राप्त किया। उसने कृषि के कई नए तकनीक दूढ़े। किस्मत ने उसको नहीं, उसने ही किस्मत को बदल कर रख दिया। बहुत सालों के बाद जब लक्ष्मी सफल होकर अपने गाँव लौट। उसका गाँव अब पहले कि तरह खुशहाल नहीं था। हर बार खुशहाली में डूबा हुआ गाँव आज घोर संकट में था। गाँव में एक भीषण अकाल आया था। बहुत लोग अकाल से पीड़ित थे। लक्ष्मी तुरंत कार्य में लग गई। कृषि की नयी तकनीको का प्रयोग कर, उसने आकाल के खिलाफ काम करना शुरू कर दिया।

लक्ष्मी ने गाँव में पंचायत बुलाया, सभी को पानी के सही इस्तेमाल के तरीके के बारे में बताया। काफी अथक प्रयासों के बाद पूरा गाँव अकाल मुक्त हो गया। पूरा गाँव फिर से हरा – भरा हो गया।

लोगो को भी अपनी भूल समझ आ रही थी। उन्हें यह पता चल रहा था की बेटियाँ भी बेटो से कम नहीं हैं। चारों ओर गाँव की अपनी बेटों की तारीफ हो रही थी। बाद में लक्ष्मी ने अपनी सफलता का श्रेय भगवान को, अपनी माँ, मामाजी व अध्यापिका जी को दिया। जिन्होंने उसको जिंदगी के हर मोड़ पर भरोसा दिलाया था। एक वक्त था जब गाँव के लोग उसे कंधे पर बैठाकर घुमाते थे, आज उसने ही पूरे गाँव को कंधे पर उठा लिया था !

अवनि राज



आजादी की अमिट कहानी

पिछले 78 वर्षों से हिंदुस्तान मनाता आया है आजादी का उत्सव,
परन्तु किसी को नहीं याद शहीदों की कुरबानी और वह विप्लव!
वो जिनके खून से रंगीन हुई थी तिरंगे की शान,
जिनके बलिदान से आया था सूरज नई सुबह का और रोशन हुआ था आसमान!
वह माँ जिनके लाल कभी घर ना आये,
वह बहन जो राखी का सपना लिए बैठी आंसू बहाये।
आज हम आजाद है पर उनके ख्वाबों का कर्ज चुकाना बाकी है,
जो खून जमीं ने पिया, उसका रंग हर कोने तक पहुँचाना बाकी है।
तिरंगा मात्र कपड़ा नहीं वह तो शहीदों को हमारा सलाम है,
हमारे वीरों का नाम अमर रहे यही हमारे हिंदुस्तान का अरमान है।
तो आजादी के पावन दिन पर, बस उत्सव ना मनाओ,
एक पल उन्हें याद भी करो, जिन्होंने जान दी, ताकि हम बिना डर के जी सकें,
अपनी जमीन पे खुल के हँस सकें,
क्योंकि आजादी सिर्फ एक त्यौहार नहीं, शहीदों की कुर्बानी है,
और जो इसकी कीमत समझें, वही असली हिंदुस्तानी है।
जयहिंद!

दिव्यांशी तायल
दसवीं- ई



Yash Khichi
Class - 7E



Sanjana Kumari
Class - 7C



Shrishio Dutta
Class - 8B

Editorial Board

